



Bushey Amateur Swimming Club (BASC)

July 2004 Newsletter

Chairman's comment:

All those involved in BASC would like to wish the swimmers a long and happy summer break; we hope you come back refreshed in September.

A quick review of the last 6 months has seen our membership grow, good activity on badges, maintained our position in Div 2 Herts league, further pool time added on a Thursday and a good performance in Peanuts galas.

The sports relief sponsored swim held on Saturday 10th was well attended with over 40 swimmers raising an estimated £1300, please pass on your money ASAP to the front desk who will collect all the monies and send it off.

Gary

Saturday Swim

Dick, Colin and Phil have carried out the end of term review for this session. Attached is the listing for September onwards.

Once Baz and Phil have reviewed the anticipated squad for the 2004/5 season. New swimmers may be trialed.

Generally attendance was poor from Easter onwards, sadly mainly by the younger swimmers. This is particularly disappointing as this period covered the Peanuts Gala season (the Thursday session had the same problem). Training from Easter onwards is focused on race pace, starts, turns, finishes, relays etc. If you are invited to swim on a Saturday please make every effort to turn up or let Phil know you are not interested and he can offer the space to someone else.

List of swimmers

Dick - Junior gala swimmers 9yrs +

Cerys Beesley, Charlotte Henson, Conor Mulcahy, Sean Raw, Harry Edwards, George Henson, Naomi Raw, Taryn Rice, Sophie Wolf

Phil - Intermediate gala swimmers

Oliver Edwards, Jessica Lewis, Rachael Lewis, Emily Raw, Carl Raynsford, Kelly Rice, Robert Williams, Elliott Braham, Olivia Fisher, Simon Joseph, Sian Lockett, Thomas Hughes

Colin - Senior gala swimmers

Kevin Binns, Martha Braham, Faith Byrne, Helen Clifford, Katherine Evans, Phillip Lockett, Sophie Lockett, Michael Molloy, Robin Willis, Mair Beesley, Hannah Byrne, Daniel Evans, Jonathan Harding, M. Macdonald, Peter Ridout, Eva Waddop, Tamsyn Willis, Stephen Raynsford, **Student:** Gemma Furniss, Stuart Long, Stacie Long, Carly Ridout, Alice Cheng, C. Cunningham, Kirstie Thompson

Summer BBQ 17-07-04

Once again the social committee did us proud with the summer BBQ held at the Bushey Manor school. We had a full house and it was great to see so many parents and children come along. Activities included a bouncy castle, a trampoline (supplied by a willing parent), football, rounders and a tug of war which was won by the B&B (brains and brawn) group who last year won the quiz night.... easy to spot on poolside, anoraks, a book, and now a rope... Photos will soon be on the web site for you to view.

Peanuts Rd 3 and Final Position

We started the evening 11th in the league just ahead of Ware. We finished the evening 5th overall. Remaining 11th in the league still ahead of Ware. This does mean we will be relegated after just one season in Division 1.

Ware for a long time now has been a club that has always beaten us. The fact that we consistently remained ahead of them is a indicator of just how well the squad has progressed. This makes Baz and I very hopeful for next year. This strong squad in Division 2 should make promotion a strong possibility. The top 10 clubs are well ahead of the rest. This I feel is purely down to the fact that these larger competitive clubs have a bigger squad to draw from. Clubs like Ware and ours just can't compete against this. However to be so close to them is something we should be proud of.

You will notice from the results that for the first time there are few PB's. This is not due to a poor performance. The swim times are still close to PB's indicating maintenance of performance, which is ALL you can ask from any athlete. Well done to all it was a joy to watch. Making all the efforts by swimmers/teachers/coaches and parents well worthwhile. Thanks to all parents who officiated or supplied vocal support from above. Phill H

Membership

As we've now come to the half way stage of the year, I thought I'd give you an update on the size of the Membership and how it has grown over the past 6 months. We have held a number of swimming assessments so far this year, enabling us to bring in excellent 41 new swimmers since January. The 2 extra classes we recently started at the shallow end of the pool between 6.00 and 7.00pm on Sundays have boosted this number. At present we have approx. 157 members, with a healthy 14 swimmers who have been assessed but awaiting spaces in the club. In addition we have seen a large number of enquiries from people wishing to join the club over the past term, so we can expect further assessments and new members joining next term. At present, and indeed as it has been over the past year or so, no sooner do we invite a new member to join, then his/her place on the waiting list is taken by someone else - a healthy position to be in. Thanks to all those members who have passed on the good word about BASC to their friends and families and keep up the good work! Here's hoping the second half of the year can be as successful as the first.

As usual, contact me either poolside on Sundays or through the club mobile on 0790 994 8494, if you have any membership enquiries, friends/family wanting to join etc. Thanks and regards, Adrian Edwards

Summer Swim

There will be a drop in session on a Sunday night for all swimmers who currently or will be lane swimmers on a Sunday afternoon.

This will be a drop in session starting at 7pm, ending 8pm.

There will a single coach/teacher on hand to supervise.

This session is intended to keep swimmers ticking over until September. This is a trail session to see what interest we get



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Have you seen the Web site lately

Girls Gala Times spreadsheet + bookmarks Boys spreadsheet
Details of drop-in swim sessions during the summer break
Teacher rota - Summer holidays & Lifeguard rotas Autumn term
NEW Gala Times spreadsheet for each boy (girls to follow later)
Water skills 6 badge scheduled for Tues 13th July postponed
Badge successes update and Badge Record spreadsheet added
Peanuts League positions added to the bottom of the 3rd round
PBs updated with Peanuts league results
Peanuts League 3rd Round - 03.07.04
PBs updated with Kevin Binn's times Herts Masters gala
PBs updated with Verulam gala results
Verulam C Grade Gala - 26.06.04
2005 dates added for Herts Major and Peanuts League galas
Sport Relief letter and entry form
June 2004 Newsletter
Sunday helpers' rota updated
Swim times updated with Club Championship results
Club Championships - 20.06.04
Summer term badge successes to date. Assessment timetable
Peanuts League 2nd Round league positions added
PBs and new Club records updated with Peanuts gala results
Peanuts League 2nd Round - 12.06.04
NEW Club Records introduced - fastest times at any event under ASA rules
Details about Sport Relief Day on 10th June
Front Crawl time trials 06.06.04
Link added to RealSportNetwork.com
Aylesbury gala on Nov 27th cancelled
Revised BAGCAT qualifying times
May 2004 Newsletter

Dates for Diary

September

Sat	4	First Club swim of the Autumn term
Sat	18	Verulam B grade gala (U12, U14, U16, Open)
Sat	25	Ware Presidents Trophy gala (U11, U13, U15, Open)

October

Fri	15	Quiz Night at Police Club Bushey (adults over 16's)
Sat	16	Hertsmeire Flyers B/C grade gala
Sun	17	Junior & Senior Style competitions

November

Sat	6	Ware B grade gala (U12, U14, U16)
Sat	13	Club Championships 3

Thu 18 West End Theatre Trip

December

Sat	4	Ware B grade gala (U12, U14, U16, Open)
Tue	7	1500m swim
Tue	14	Last Habs swim of the year
Fri	17	Christmas Pantomime at Watford Palace Theatre p.m. (all ages)
Sun	19	Last Club swim of the year

Sports Relief

Saturday 10th July saw thousands of people take to the streets in support of Sport Relief. Not to be out done Bushey Amateur Swimming Club wanted to their bit for the event. So rather than run the mile it was decided that we should do what we do best and swim the Mile. The event was the brain child of club swimmer eleven year old Grace Cain, who, having seen much of the good work Sport Relief had undertaken around the world on TV, wrote the following letter to the committee:

"Saturday the 10th of July is "Sport Relief day" and I thought it would be really nice if we were to do a sponsored swim for this charity. First let me tell you what I know about it, and why, I think, it is such a good cause.

Everyone's heard of Comic Relief, a day which is always a laugh. Sports Relief is in league with Comic Relief, except (as the name suggests) you take part in sporting activity, instead of telling jokes. All the money goes to help children with illnesses or disabilities across the UK.

There are two reasons why we should do this - one is obviously for the charity, two is that it will help us build up stamina and maybe make us swim better (which we need to do now we are so high up in the local table). If the younger ones did, say, ten lengths, the ones about my age (11) did thirty lengths and the older ones did fifty lengths, I think we could raise quite a bit as lots of people would probably want to do it.

I think this is an amazingly good cause and can't remember when our club last did something for charity. I think it would be great fun and self - satisfying."

Inspired by Grace's letter, work started in earnest arranging the event. Bushey Grove Leisure Centre very kindly provided the swimming facilities free of charge and a big thank you must go out to all the staff for their support on the night. As the event approached and not wishing to be out done by their children many a parent could be seen pushing out the lengths during the pool's early morning lane swimming sessions.

The event itself was exceedingly well attended with over 40 swimmers taking part. Each swimmer swam distances suitable to their ability that ranged from 50m to 1.5 miles. It would be fair to say that the technique of some of the parents left a lot to be desired with several of our younger swimmers jokingly offering to do some of the lengths for their dads which as you can imagine met with mixed responses. In the end the event was a resounding success enjoyed by all, and more importantly, raising over £1300 on the night for Sports Relief. Well done to all those who took part.

Lost Property

1. Black umbrella -
2. Small BASC T-bag Tee shirt
3. BASC swim hats.

Please claim at the desk on Sundays

Note to all Parents

1. All children must be accompanied by a parent at poolside
2. All Girls to wear swimming hats, and boys swimming trunk (shorts are not allowed)
3. Do not allow children to bring valuables onto poolside
4. Do not leave valuable in lockers, always ensure lockers are closed and locked
5. All children must sign in before swimming